Virtual Resource Activities

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| Resource | Lesson |
| Media | Continuing with our Hispanic Heritage Month theme and tying in the school’s character development theme of the month “Empathy”, this week we are going to read “Just Ask” by Sonia Sotomayor. <https://youtu.be/q4sGcaA6bFk>  What makes you different from others?  How can you make others feel welcome?  When someone is different do you ever think about what life is like for them?  <https://drive.google.com/file/d/1AtdvvU46_QK2yroLBvGhJmQGh6hCVuhM/view?usp=sharing>  Do pages 3 and 4 of this to learn about empathy. Little ones will most likely need a parent’s help for these extra exercises. |
| Music | Hey there!  This week I’ve Got Rhythm!  <https://www.youtube.com/watch?v=RYsGlNpx2YI&list=RD0kaX2l413p8&index=2&ab_channel=MusicExpressMagazine>  ~Mr. Leatherbarrow |
| P.E. | Dear students and family members,  The physical education team at our school is working with resources from OPENPhysEd.org to help you stay physically active and healthy at home. In order to meet physical education goals during this time students must be physically active for 60 minutes each day. However, I realize that Elementary students are only scheduled P.E. twice a week right now, but I would recommend students still try and do some sort of physical activity daily. Use the link below to record your activity time. (Activity logs are optional)  Activity Log Link <https://openphysed.org/wp-content/uploads/2020/03/AH-X8-ActiveHome-ActivityLogPage-English.pdf>  Remember, activity time doesn’t have to happen all at once. You can add up your total activity throughout the day to equal 60 minutes. Students, at the end of each day should ask a family member to initial next to their activity. Then, return the finished log to your physical education teacher when you go back to school. (Students will get prize for activity logs returned)  Your physical education teachers would also like you to visit the file links below for your grade level. From there you’ll be able to download and print physical education resources that are fun and can be done at home. (These activities are just suggestions, not mandatory.) You’re welcome to choose your own activities, such as, Jump-roping, Jogging, Playing at the park, etc.  Activities Links (Week 5) Links will be changed weekly Grades K-2 <https://openphysed.org/wp-content/uploads/2020/03/AX-Xk2-ActiveHome-Week5.docx> Grades 3-5 <https://openphysed.org/wp-content/uploads/2020/03/AX-X35-ActiveHome-Week5.docx>  Stay active and stay well. Don’t hesitate to e-mail me with any questions. [Jgerace@rivercityscience.org](mailto:Jgerace@rivercityscience.org)  Sincerely,  Coach Gerace |
| Skills | This week in skills we are going over what it means to be empathetic. **Empathy** is being able to know how someone else is feeling, even when you aren't in the same situation. Make a piece of artwork that shows a picture of what empathy is. Be creative…you could make a comic strip, draw a time you felt empathy or a time you portrayed empathy for someone else. You may want to write a letter to a family member to let them know you are thinking about them. Get creative! |
| Spanish | **Hola Clase! September 15 – October 15 is National Hispanic Heritage Month. Continuing with the theme of Hispanic Heritage Month here are is a song on Rockalingua which is a recipe for Guacamole! There are two versions. The easy version can be found here:** [**https://rockalingua.com/videos/guacamole-recipe-easy-version**](https://rockalingua.com/videos/guacamole-recipe-easy-version)  **And if you’d like to challenge yourself you can try the difficult version here:** [**https://rockalingua.com/videos/guacamole-recipe-difficult-version**](https://rockalingua.com/videos/guacamole-recipe-difficult-version)  **And maybe you can make some guacamole to celebrate Hispanic Heritage month! Send me photos of your family celebrating Hispanic Heritage Month!**  **Here are some ideas for some decorations:** [**https://drive.google.com/file/d/1hF0fc7NfjFO5PnglZ8EFSd9T3ReOaFYo/view?usp=sharing**](https://drive.google.com/file/d/1hF0fc7NfjFO5PnglZ8EFSd9T3ReOaFYo/view?usp=sharing)  **These are called Papel Picados, because traditionally they are cut out, but this is a version that you can color! Enjoy!**  **Please don’t hesitate to email me with any questions, mmedlock@rivercityscience.org**  **Señora Medlock** |
| STEM | Dear Students,  Please click on the link below. Learn how-to pick-up ice with a string 🙂  <https://coolscienceexperimentshq.com/how-to-pick-up-ice-with-a-string/>  Mrs. Uysal |
| Turkish | **K-2nd grade:** This week, we will be learning how to introduce ourselves in Turkish as in "Merhaba! Ben ..... ." (Hello, I am ...). Students can work on the attached file.  **3-4th grade:** We will be practicing the Turkish greeting words on quizlet. Students can go to www.quizlet.com, search for "Selamlasma Kelimeleri" and practice the greeting terms in different steps such as in flashcards, matching games etc. |

Merhaba!

Ben ……………………………

Draw yourself here